

Online Physiotherapy Clinic Appointments

In these challenging times you may feel you can't access help or treatment for your problem. You may not be able to access your GP or your NHS Physio when you need to. Your previous NHS physiotherapy treatment may have stopped and you may be worried about losing the progress you had been making or your treatment hasn't yet even started and there is a long wait.

During the COVID-19 pandemic, I will continue to treat new and existing patients on the 'online' platform. Many of my clients have become an important part of my physio clinic family and I will ensure I am still here for you during this uncertain time and for new clients requiring help and support.

I am still available to see you but from the comfort of your own home, keeping you safe, protecting vulnerable and shielding clients and saving you time and petrol money! You don't have to take lots of time off work to attend an appointment and it is ideal for those of you who are caught up in self-isolation, local lockdown or childcare/school closure problems.

How do online video appointments work?

I will work with an online platform that works for you but I have been using Skype and Zoom appointments with great success. It is lovely to be able to see you on screen to talk and do a virtual examination and to discuss ways and options to improve your problem. This is likely to include an individually tailored rehabilitation exercise programme that you can complete at home that I can email or post to you. Your follow up appointments are also likely to be online via video, but if I feel you would benefit from a face to face follow up appointment, the risks and benefits of this will be discussed with you.

We agree a day and time for the online appointment either by phone or email. If you prefer a free 10 minute, no obligation video call to meet me to discuss your requirements, we can do that too.

To book an online appointment you can email or ring the clinic:
info@lintonphysiotherapy.co.uk or 07826 622 851 (please leave a message).

How effective is an online video appointment or telephone call compared with a face to face appointment?

I have been working virtually by phone and online via video link since the COVID 19 pandemic began both privately and in the NHS and it is working extremely well in both these settings. The majority of conditions can be assessed and treated very successfully using these remote methods. Clients have made very good progress and have been extremely satisfied using these types of consultations.